

Children's and Family resources for the 4th week of Lent (and Mothering Sunday)

This week we are halfway through Lent and it's Mothering Sunday. Our story is from Exodus 1 and 2 - the story of Moses' birth. It's not an easy story because it has an angry Pharaoh trying to get rid of the Israelites. But it also shows the love of a mother, sister and stranger for a baby - a baby they kept safe, who grew up to become the leader of God's people.

Either read the story together from a Bible Storybook or watch one of the videos. There are also some prayer ideas and a colouring sheet about God's love to enjoy. And maybe make cards for the people who have cared for you child/children.

If you'd like a bit more structure, follow the ideas at the end.

Here's a simple retelling of the story.

<https://www.youtube.com/watch?v=t9HNNvInyzo>

This video puts Moses into a bit more context.

<https://www.youtube.com/watch?v=vf-4x4iefQE>

This is a short Lego version of the story.

<https://www.youtube.com/watch?v=du7BHOwbnmE>

This prayer activity uses the idea of Moses in the basket to pray for safety.

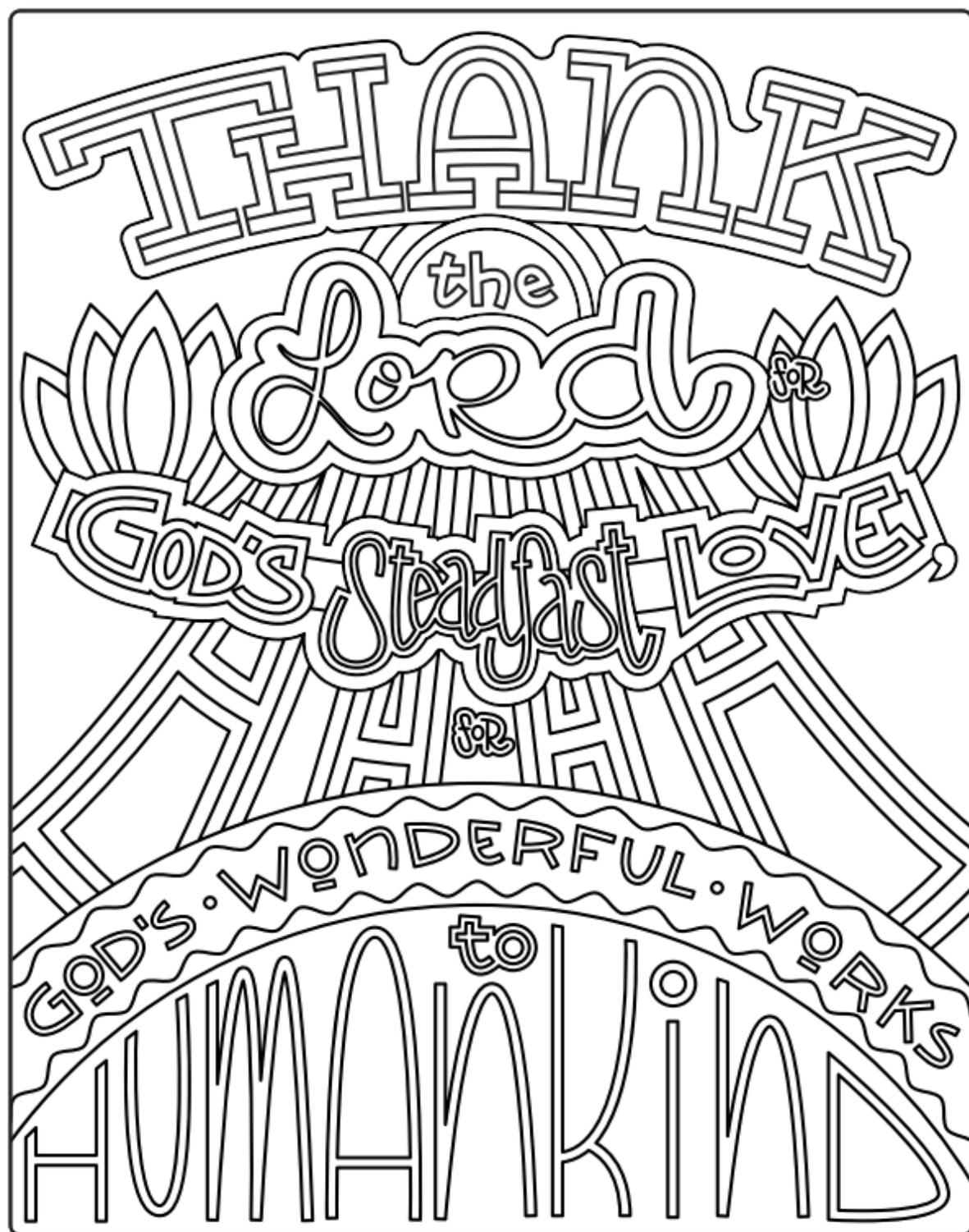
<http://flamecreativekids.blogspot.com/2018/03/moses-in-bulrushes-prayers-for-safety.html>

Print off this sheet, grab some playdough (or similar) and use it to tell the story together.

<http://flamecreativekids.blogspot.com/2020/03/moses-in-bulrushes-printable-play-dough.html>

If you'd like a bit more structure, try this:

- On a big sheet of paper, write or draw the people who care for your child(ren).
- When Moses was born, there were lots of people who cared for him. Watch one of the videos or read the story from a story Bible.
- Colour the attached sheet as you talk about the people who cared for Moses. I wonder how the different people felt? I wonder how Moses' mother and Miriam felt when they knew Moses would be safe?
- Use one of the prayer activities to ask God to keep people safe or use this prayer, 'Dear God, thank you for all the people who love us and help to keep us safe (*look at the people you drew at the start*). Thank you that you are always with us, whatever happens. Amen'
- Finish with the Lord's Prayer.
- EXTRA Make cards to give to the people who care for your child or make a surprise call to thank them.



Psalm 107:1-3, 17-22 • illustratedministry.com