

What a chilly week! I hope you managed to stay safe and warm.

This week our focus is on the Transfiguration - the time when Jesus' appearance changed to give some of his disciples a glimpse of his heavenly glory. It's from Mark 9:2-9. As usual, enjoy the story and try some of the activities to explore it further with your child(ren).

If you would like a bit of a structure to follow, try this:

- Have a look at some of the things outside - trees coming into bud, flowers pushing through the ground. Talk about how things are changing – transforming - and bringing new life and hope.
- Read the story of the Transfiguration in a Bible story book or look at the video. I wonder why Jesus wanted his friends to see that he was different?
- Do an image search for Transfiguration. Look at the different ways artists drew the story. What might you include in the story if you drew a picture? Have a go!
- Jesus' friends heard a voice telling them to listen to Jesus. How might you listen to Jesus? One way is through prayer - make the prayer weaving together.
- Finish by praying together 'Lord Jesus, you were a human being, but you are also God! You showed your friends how to live God's way and you still help us to live God's way. Please help me to listen to you this week. Amen.' Or say The Lord's Prayer together.

It's Ash Wednesday this week - the start of Lent. Think about how you might do something differently to focus more on God. One way might be to download the #LiveLent app for your phone (<https://www.churchofengland.org/resources/livelent-2021-church-resources-gods-story-our-story>)- each day there is a Family Challenge to have a go at!

You can find a range of Lent resources from the Church of England here

<https://www.churchofengland.org/resources/livelent-2021-church-resources-gods-story-our-story>

You can watch a video of the story of the transfiguration – with LEGO here

<https://www.youtube.com/watch?v=sT-S1F3gsVI>



These links will give you will find some creative ideas to explore these ideas further

<http://flamecreativekids.blogspot.com/2012/08/prayer-weaving.html>

Flame: Creative Children's Ministry: Prayer weaving

Some children like to do something with their hands to help focus them when they are listening to God so here is an idea that combines a repetitive creative focus with space to listen to and think about God.

flamecreativekids.blogspot.com

<http://flamecreativekids.blogspot.com/2012/02/transforming-our-lives-object-lesson.html>



Flame: Creative Children's Ministry: Transforming our lives- object lesson

Thanks! I always try to give the children something to do/bring from home during the week to help them remember the lesson. If they do it, they get a point.

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